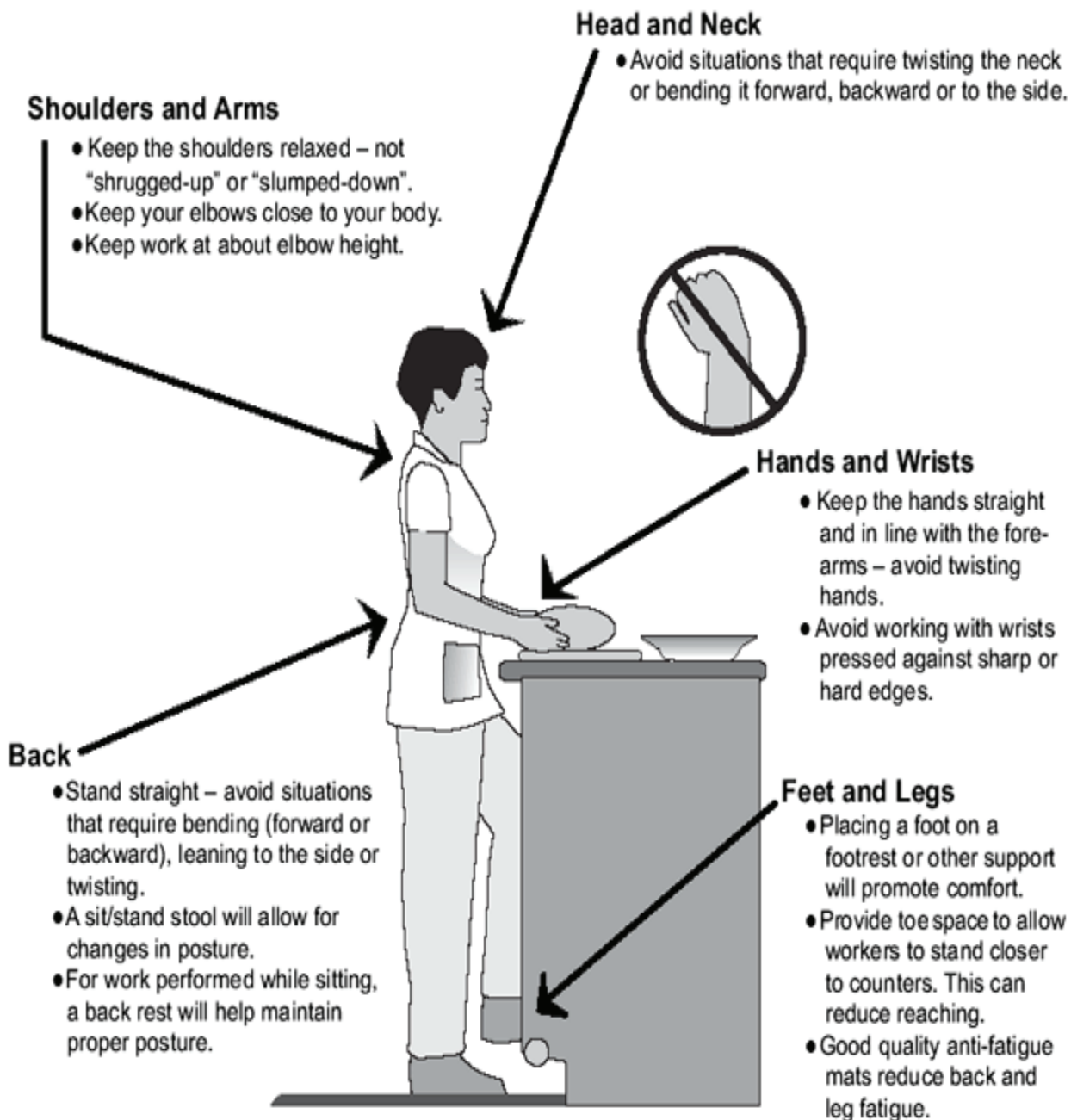
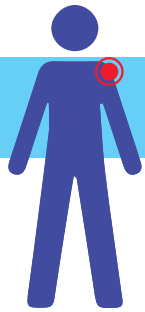


Posture Ergonomics

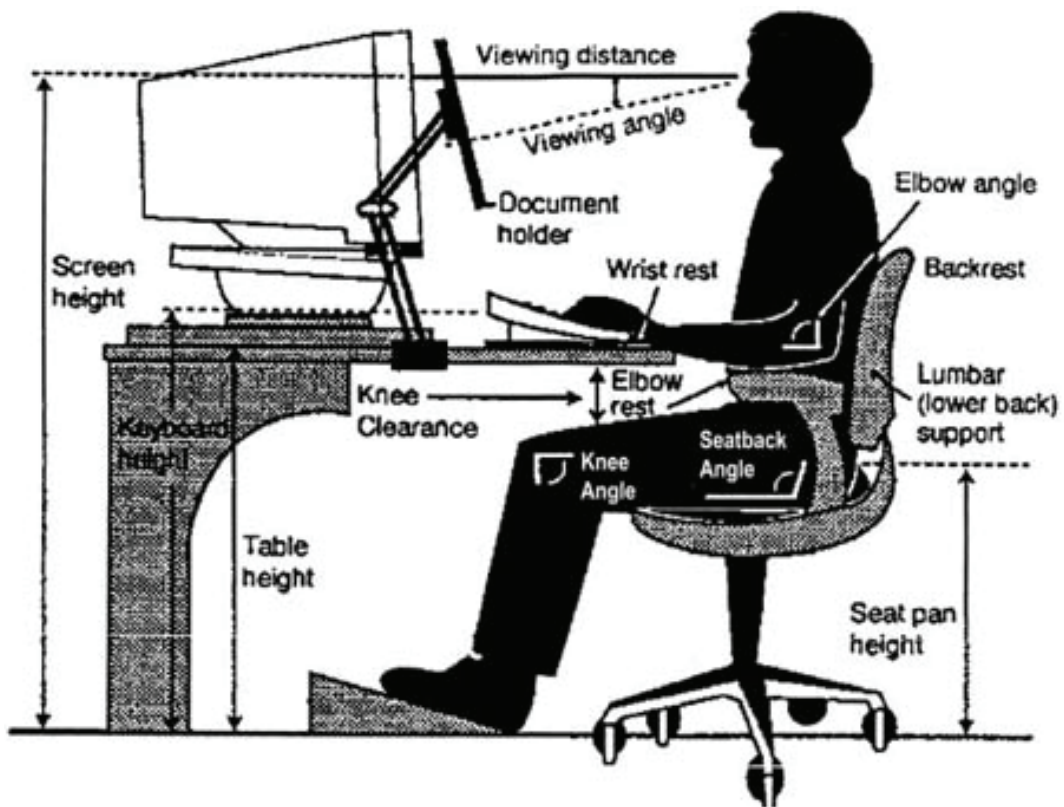
PE



The Basics of Neutral Working Postures



Workstation Set Up



Driving Postures

